

Bellevue School District

Mental Health Assistance Team

Mission:

The mission of the Mental Health Assistance Team (MHAT) is to identify students with mental health needs and provide greater access to a full spectrum of evidence-based mental health services, delivered by highly trained and skilled BSD staff, to enrich student well-being.

Vision:

To promote and support mental health well-being for each and every student.

The MHAT is a district-wide initiative to provide greater access to mental health services. Each high school is assigned one MHAT Counselor who will work with school staff to administer a universal screener to identify students with mental health needs. The MHAT Counselor will then provide individual or group counseling services to students who opt in.



MHAT PROCESS

1. Students will have the opportunity to be screened in their high school health class.
2. Screening data will be reviewed by the school-based support team (see below).
3. Students identified will be offered services per parent consent.

Q & A

Why are we offering this service?

As part of providing a spectrum of services within the district, the school board has tasked MHAT with better identifying and providing services to support student social and emotional well-being.

Who is being screened?

All 7th through 11th grade students will have the opportunity to be screened. Students who are identified as candidates who may benefit from support will be offered individual or group counseling. Participation is completely *voluntary*. Guardians may opt students out of this activity.

How will students be screened?

Students will be administered the Behavior Intervention Monitoring and Assessment System, 2 (BIMAS2). The BIMAS2 is a short survey that measures social, emotional, and behavioral functioning in children and adolescents.

Who will have access to the screening data?

The information that we obtain from the BIMAS2 will be reviewed by the school-based support team (school counselor, administrator, school psychologist) and MHAT counselors and will be used to try to improve your student's well-being, academic success, and the overall success of the school.

Will this information be shared with employers or colleges?

As this information will not be included in the student's cumulative file, no screening or counseling results/information will be shared with colleges, employers, etc. and will be kept confidential within the school building.